

— FOR THE MAMA-TO-BE —

# BABY ARRIVAL CHECKLIST:

## WHAT TO TAKE TO THE HOSPITAL

### FOR YOU:

- \_\_\_purse
- \_\_\_toiletries
- \_\_\_p.j.'s
- \_\_\_comfy pants
- \_\_\_going home outfit
- \_\_\_slippers & socks
- \_\_\_robe
- \_\_\_pillow
- \_\_\_lotion
- \_\_\_undies
- \_\_\_extra bag for hospital stuff
- \_\_\_nursing tanks
- \_\_\_nursing pads
- \_\_\_nursing cream
- \_\_\_nursing pillow

other items:

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### FOR HIM:

- \_\_\_clothes
- \_\_\_snacks & drinks
- \_\_\_computer / ipad
- \_\_\_toiletries
- \_\_\_pillow & blanket
- \_\_\_camera
- \_\_\_contact list
- \_\_\_cigars & announcements
- \_\_\_phone charger
- \_\_\_hospital documents
- \_\_\_car seat

### FOR BABY:

- \_\_\_going home outfit
- \_\_\_hats
- \_\_\_receiving blankets
- \_\_\_diaper bag
- \_\_\_wipes
- \_\_\_aquaphor
- \_\_\_mittens
- \_\_\_socks
- \_\_\_art boards for footprints